



**Sermon Series:**  
Galatians: A Life Set Free  
Galatians 1-  
**Speaker:** Rod Heppell  
**Date:** February 4, 2024



## GROUP GUIDE

### Connect (25 min)

**Ice Breaker:** Did your upbringing emphasize grace or law?

**Pray:** That God would help you all grow in your understanding of God's grace.

### Message Discussion (35 min)

1. In Galatians 1:6-7, Paul says they are turning to a “different gospel” which is really “no gospel at all.” Take time as a group to talk through what might distinguish the true “good news” from any counterfeit “good news.”
2. Have you ever had moments in your life where the gospel has been distorted (whether by people, or in your own self) to the point that it no longer feels like good news to you? Share about one of those times.
3. Our current culture has much to say about freedom. Read Galatians 5:13. How might a Christ centered view of freedom differ from the world's view of freedom?
4. As you reflect on Paul's story of conversion (Acts 9), and how Rod shared about coming to an understanding of grace through reading Galatians, have you ever had a moment where you finally understood grace?
5. Rod shared that the gospel is “all or nothing” - either Christ did it all (accomplished our salvation) or didn't (which means we must still do something to save ourselves). Do you agree with that assessment? Why or why not?
6. When talking about trying to use the law as a means to earn our salvation, Rod used the analogy of trying to get to the moon by jumping on a trampoline. What do you think the law was designed to do? Are there any positives to having a life of discipline?
7. Rod used the phrase “not achieved, but received.” What areas of your life do you think you might need to receive the grace of Jesus?

## Application & Prayer (20 min)

**Praying Together:** Pray for one thing coming out of this conversation for each other.



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## LEADER GUIDE

1. In Galatians 1:6-7, Paul says they are turning to a “different gospel” which is really “no gospel at all.” Take time as a group to talk through what might distinguish the true “good news” from any counterfeit “good news.”
2. Have you ever had moments in your life where the gospel has been distorted (whether by people, or in your own self) to the point that it no longer feels like good news to you? Share about one of those times.
3. Our current culture has much to say about freedom. Read Galatians 5:13. How might a Christ centered view of freedom differ from the world’s view of freedom? **Freedom in our culture is often defined as the ability to do whatever we want (free from) whereas Scripture points towards freedom as the ability to love others (free to).**
4. As you reflect on Paul’s story of conversion (Acts 9), and how Rod shared about coming to an understanding of grace through reading Galatians, have you ever had a moment where you finally understood grace? **This can also be a gradual awareness.**
5. Rod shared that the gospel is “all or nothing” - either Christ did it all (accomplished our salvation) or didn’t (which means we must still do something to save ourselves). Do you agree with that assessment? Why or why not?
6. When talking about trying to use the law as a means to earn our salvation, Rod used the analogy of trying to get to the moon by jumping on a trampoline. What do you think the law was designed to do? Are there any positives to having a life of discipline? **The law wasn’t all bad in the Old Testament. It was a way to guide God’s people into a life of goodness, but was never meant to earn God’s love. Having structure and following Jesus’ commands is still good, but doesn’t earn love.**
7. Rod used the phrase “not achieved, but received.” What areas of your life do you think you might need to receive the grace of Jesus? **Could be an area of their life like work or home, or could be a part of their story (like the past) or a part of their self (like their striving or discouragement in devotions, etc)**

## Application & Prayer (20 min)

**Praying Together:** Pray for one thing coming out of this conversation for each other.

(If helpful, break into groups of Men/Women or 3-4 people. I would also recommend not simply listing many disconnected things from far removed aspects of your life, friends, or family, but focusing on those things in your own lives that need prayer that come out of this message or that come out of your 'highs and lows', and if necessary a few brief requests for other things going on)

## Resources

**Hyperlinked Scripture:**

[Galatians 1](#), [Romans 7 \(Wretched man I am\)](#), [Acts 9 \(Paul's testimony\)](#),

**Resources:**

[Sermon Podcast](#)