



**Sermon Series:**  
Galatians: A Life Set Free  
Galatians 6  
**Speaker:** Dave Lee  
**Date:** March 10, 2024



## GROUP GUIDE

### Connect (25 min)

**Ice Breaker:** As you think about battles, what kind of battles are you most drawn to? Think of battles between teams (any sport), or battles of endurance (people pushing themselves in their bodies or minds), or battles of from history (historic wars), or any other kind of battles.

### Message Discussion (35 min)

1. In Galatians 5:17 Paul speaks about the spirit and the flesh being in conflict with each other. Have you ever been thankful that the spirit has prevented you from doing something you “want?” Have you ever been frustrated that the flesh has prevented you from doing something you “want?”
2. Dave shared an analogy that we often think in our minds in our battle with the flesh - that we stand alone against a mighty dragon. How does this individualistic view of the battle against the flesh provide a “strategic blunder?” How does picturing an army of a community of believers collectively fighting this dragon help us?
3. How have you experienced the body of Christ helping you in your battle with the flesh? Have you ever come alongside someone to help them in their struggle? What was that like?
4. Dave shared about potential temptations that lurk closely beside us when we try to gently restore someone. He mentioned pride, hypocrisy, overexaggerating. Can you think of other temptations? How can you approach someone in such a way that you don’t give in to these?
5. Doing good can often be so life-giving, but sometimes it can discourage us. Talk about the role of perseverance and encouragement in any good we are trying to accomplish in the Lord.

6. Have you ever experienced “mutual ministry?” Where you think you are going to help someone, but you both end up helping each other in different ways. Share of an experience like that.
7. As you carry on the battle against the flesh, what are the main strategies (from this passage in Galatians, or elsewhere in Scripture) that you can employ this week to help you in that battle?

## Application & Prayer (20 min)

**Praying Together:** Pray that you would each be encouraged in the Spirit and experience victory over the darkness in an area of your life this week.



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## LEADER GUIDE

### Connect (25 min)

**Ice Breaker:** As you think about battles, what kind of battles are you most drawn to? Think of battles between teams (any sport), or battles of endurance (people pushing themselves in their bodies or minds), or battles of from history (historic wars), or any other kind of battles.

**Pray:** *“Heavenly Father, Lord Jesus, Holy Spirit, thank you for bringing us together right now for such a time as this. You are the God who speaks and we ask that you would speak to each of us here. We trust that you have something good in store for us through this conversation. Guide us in all truth and grace as we look at your word, learn more about each other, about ourselves, and ultimately about you. Help us we pray, in Jesus’ name. Amen”*

### Message Discussion (35 min)

1. In Galatians 5:17 Paul speaks about the spirit and the flesh being in conflict with each other. Have you ever been thankful that the spirit has prevented you from doing something you “want?” Have you ever been frustrated that the flesh has prevented you from doing something you “want?” **Sometimes it is good to not get what we want because it is our flesh that wants it. The Spirit helps us resist our “wants.” But other times what we want is really good because it is from God. Our flesh can get in the way in those moments and frustrate us.**
2. Dave shared an analogy that we often think in our minds in our battle with the flesh - that we stand alone against a mighty dragon. How does this individualistic view of the battle against the flesh provide a “strategic blunder?” How does picturing an army of a community of believers collectively fighting this dragon help us?
3. How have you experienced the body of Christ helping you in your battle with the flesh? Have you ever come alongside someone to help them in their struggle? What was that like?

4. Dave shared about potential temptations that lurk closely beside us when we try to gently restore someone. He mentioned pride, hypocrisy, overexaggerating. Can you think of other temptations? How can you approach someone in such a way that you don't give in to these? **Consider the idea of approaching people with the golden rule in mind - restoring people how you yourself would hope to be restored.**
5. Doing good can often be so life-giving, but sometimes it can discourage us. Talk about the role of perseverance and encouragement in any good we are trying to accomplish in the Lord. **Often resistance and hardship aren't a sign we are doing something wrong, but rather the exact opposite.**
6. Have you ever experienced "mutual ministry?" Where you think you are going to help someone, but you both end up helping each other in different ways. Share of an experience like that.
7. As you carry on the battle against the flesh, what are the main strategies (from this passage in Galatians, or elsewhere in Scripture) that you can employ this week to help you in that battle? **Even consider looking to the armour of God found in Ephesians 6:10-18**

## Application & Prayer (20 min)

**Praying Together:** Pray that you would each be encouraged in the Spirit and experience victory over the darkness in an area of your life this week.

(If helpful, break into groups of Men/Women or 3-4 people. I would also recommend not simply listing many disconnected things from far removed aspects of your life, friends, or family, but focusing on those things in your own lives that need prayer that come out of this message or that come out of your 'highs and lows', and if necessary a few brief requests for other things going on)

## Resources

**Hyperlinked Scripture:**

[Galatians 5 \(battle of flesh\)](#), [Galatians 6](#), [Psalm 37](#)

**Resources:**

[Sermon Podcast](#)